



**Look for the
Wellness and You
symbol to find your way
to better nutrition.**



Special Events

Please join us in the cafeteria
we are introducing a new five
week menu

Hours

Monday - Sunday: 6:45am to 8:00pm
Closed: 10:45 to 11:15
Nights: 11:00pm to 12:30am

Managers

Director: Evelyn Vance x43015
Retail/Catering Manager: Lee Almeida
x43016
Executive Chef: Ron Mahon x43018

Week 4



NCH TREE TOP CAFE

Menu for the Week of Monday March 02

MON	Soup:	Tomato Soup 8oz	1.59
		Roasted Chicken & Pepper Soup 8oz	1.59
		Thick & Zesty Chili 8oz	1.79
	Entree:	Black Beans & Corn Sauce over Brown Rice 4.69	
	Baked Herbed Pork Chop	3.99	
	Late Night	Sesame Chicken with Broccoli	4.69
TUE	Soup:	Chicken Vegetable Soup with Orzo 8oz	1.59
		Beef Vegetable Soup 8oz	1.59
		Thick & Zesty Chili 8oz	1.79
	Entree:	Braised Beef Tips	3.99
	Basil Lemon Chicken Breast & Couscous	4.69	
	Late Night	Baked Ziti with Vegetables	4.69
WED	Soup:	Homestyle Chicken Noodle Soup 8oz	1.59
		Split Pea with Ham Soup 8oz	1.59
		Thick & Zesty Chili 8oz	1.79
	Entree:	Diablo Basil Rotini & Summer Vegetables	3.99
	Grapefruit BBQ Baked Tilapia	4.69	
	Late Night	Italian Meatballs with Pasta	4.69
THU	Soup:	Pasta E Fagioli Soup 8oz	1.59
		Cheese & Bacon Soup 8oz	1.59
		Thick & Zesty Chili 8oz	1.79
	Entree:	Roasted Turkey Breast	4.69
	Seafood Alfredo	3.99	
	Late Night	Grilled Meatloaf	4.69
FRI	Soup:	Tomato Florentine 8oz	1.59
		Classic New England Clam Chowder 8oz	1.59
		Thick & Zesty Chili 8oz	1.79
	Entree:	Meat Lasagne	3.99
	Tilapia Florentine	4.69	
	late Night	Cajun Pecan Chicken Breast	4.69
SAT	Soup:	Beef Noodle Soup 8oz	1.59
		Potato Bacon Soup 8oz	1.59
		Thick & Zesty Chili 8oz	1.79
	Entree:	Herb Crunch Chicken Breast	4.69
	Baked Macaroni & Cheese	3.99	
	Late Night	Chicken Florentine	4.69
SUN	Soup:	Chicken Rice Soup 8oz	1.59
		Three Grain & Roast Vegetable Soup 8oz	1.59
		Thick & Zesty Chili 8oz	1.79
	Entree:	Beef & Broccoli Stir Fry	3.99
	Chicken Supreme	4.69	
	Late Night	Tuscan Herb Cod	4.69

Vegan Vegetarian Mindful