	POLICY # 24813
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NCH Healthcare System	OF: 3
TITLE: Rotation Specific Clinical and Educational Work Hour Exceptions	EFFECTIVE: October 27, 2022
DEPARTMENT: Graduate Medical Education (GME)	OWNER: Admin Director Medical Education

Intent


To provide procedures and criteria for endorsing requests to the RRC for an exception to the clinical and educational work hours limits by the GMEC.

Policy Statement

Programs requesting a variation in the resident clinical and educational work hour requirements by rotation must do so based on a sound educational rationale. The GMEC will review all such requests. No request to the RRC can be made without prior GMEC approval.

Description

1. Programs may request up to a 10% increase in the maximum weekly number of rotation-specific, clinical, and educational work hours from 80 hours to 88 hours averaged over 4 weeks. No other exceptions to the clinical and educational work hours rules can be granted (i.e., Call no more than every third day, one day in 7 free of duties, no new clinical assignments after 24 hours of clinical and educational work, no more than 4 hours for educational or patient hand-off activities after 24 hours of clinical and educational work).
2. Programs may request exemptions for specific rotations.
3. The program must describe the specific educational rationale for the exemptions.
4. The program must show that patient safety and resident well-being will not be affected. A monitoring program must be in place to effectively report on these issues.
5. The program must show that faculty and residents have received instruction and understand the effects of resident sleep deprivation and fatigue on patient safety and resident well-being.
6. The program must provide specific information on moonlighting and how the clinical and educational work hour exemptions will impact the moonlighting policy. Request for exemptions to the 80-hour rule **cannot** be based on moonlighting considerations.
7. Requests for exemption to the 80-hour rule must be endorsed by the program director prior to being considered by the GMEC.

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REQUEST FOR EXEMPTION TO THE 80 HOUR RULE

Name of Program _____

Program Director _____

Date of last RRC visit _____

Anticipated date next RRC visit _____

Program accreditation status _____

Start date of exemption _____

End date of exemption _____

Type of exemption requested:


Entire program _____

Specific rotation _____

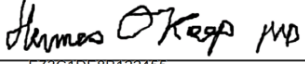
Specific year level affected _____

Attach Documentation of the Following

- Specific request educational rationale Patient Safety Monitoring
- Faculty and Resident Education on fatigue Moonlighting policy
- Proposed clinical and educational work schedule
- Most recent letter of report from RRC with corrective actions noted
- Description of how exemption will be monitored and how success of educational goals will be determined.
- Endorsement by program director

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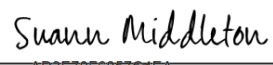
8. Only programs with full accreditation status and no citations relative to clinical and educational work hours can be considered for the 10% exemption. The program must show substantial compliance with all other citations from the most recent RRC review and have a minimum of a 4- year accreditation cycle.
9. The program must supply specific information describing the additional hours.
10. The program may only request an exemption for a time period not to exceed 1 year or the next scheduled RRC site visit, whichever is shorter.
11. If the exemption is approved by the GMEC and the RRC, the program must report to the GMEC on the educational enhancements identified as a result of the exemption at the end of the exemption period.
12. To request an exemption the program director must fill out the attached form, prepare all requested documents and present the request to the DIO at least one month before the request can be presented to the GMEC. The program director must personally present the request before the GMEC.

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10/27/2022

Hermes Koop, MD
 Chairman, GMEC
 Designated Institutional Officer

Date

DocuSigned by:

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10/27/2022

Suann Middleton, MHA
 Administrative Director of Medical Education
 Asst. Designated Institutional Officer

Date