



5th Annual Naples Cardiovascular Summit

February 20 – 21, 2026

Arthrex One Conference Center | NAPLES, FL

NCH ROONEY
HEART INSTITUTE

in collaboration with
MAYO CLINIC

FRIDAY, FEBRUARY 20TH, 2026

7:00 a.m. **Registration/Breakfast/Exhibits**

7:45 a.m. **Welcome and Introductions**
Robert Cubeddu, MD, and Sunil Mankad, MD

SESSION I: CORONARY AND VASCULAR DISEASE

Moderators: Vincent Siebert, MD, and Rajiv Gulati, MD

8:00 a.m. **From Plaque to Practice: Rethinking CAD**
Rajiv Gulati, MD | Mayo Clinic

8:15 a.m. **Sutures or Stents? Modern Insights to Revascularization**
Brian Solomon, MD, and Vincent Siebert, MD | NCH Rooney Heart Institute

8:30 a.m. **A Sticky Situation: Updates in Antiplatelet Management**
Luis Paz Rios, MD | NCH Rooney Heart Institute

8:45 a.m. **Panel Discussion and Q&A**

9:00 a.m. **Roadmap to Complex Coronary PCI: From Referral to Recovery**
Adam Frank, MD | NCH Rooney Heart Institute

9:15 a.m. **Risk, Rupture, Repair: Aortic Aneurysms from Screening to Management**
Thomas Caranasos, MD | NCH Rooney Heart Institute

9:30 a.m. **Under Pressure: Thoracic Outlet Syndrome (TOS)**
Alvaro Zamora, MD | NCH Rooney Heart Institute

9:45 a.m. **Panel Discussion and Q&A**

10:00 a.m. **Refreshment Break/Exhibits**



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SESSION II: CARDIAC PREVENTION AND TREATMENT

Moderators: Carl Orringer, MD, and Stephen Kopecky, MD

10:15 a.m. **The 2025 Hypertension Guidelines: Lower is Better**

Mazen S. Albaghdadi, MD | NCH Rooney Heart Institute

10:30 a.m. **What's Hot in LP(a) Lowering and in the Treatment of Obesity**

Kevin C. Maki, PhD | Midwest Biomedical Research

10:45 a.m. **Managing Hypertriglyceridemia: What Works, What Doesn't, and What's on the Horizon**

Carl E. Orringer, MD | NCH Rooney Heart Institute

11:00 a.m. **Panel Discussion and Q&A**

11:15 a.m. **Statin Intolerance: Pearls from the Mayo Clinic**

Stephen L. Kopecky, MD | Mayo Clinic

11:30 a.m. **PCSK9 Inhibitors: New Trials, Newer Options for Aggressive LDL-C Lowering**

Sajan Rao, MD | NCH Rooney Heart Institute

11:45 a.m. **AI-Based Coronary Inflammation Imaging: Prevention Beyond the Guidelines**

Carl E. Orringer, MD | NCH Rooney Heart Institute

12:00 p.m. **Panel Discussion and Q&A**

12:15 p.m. **Lunch/Exhibits**



SESSION III: WOMEN'S HEART DISEASE

Moderators: *Shona Velamakanni, MD, and Sharonne N. Hayes, MD*

1:00 p.m. **Women, Chest Pain, and Cardiovascular Imaging: Matching Risk to the Right Test**
Shona Velamakanni, MD | NCH Rooney Heart Institute

1:15 p.m. **MINOCA (Myocardial Infarction, No Obstructive Coronary Artery) in Women**
Sharonne N. Hayes, MD | Mayo Clinic

1:45 p.m. **Panel Discussion and Q&A**

2:00 p.m. **Breast Cancer Therapies' Impact on the Heart**
J. Christopher Ray, MD | Mayo Clinic

2:15 p.m. **Postmenopausal Hormone Therapy and Cardiovascular Risk**
Chrisandra Shufelt, MD | Mayo Clinic

2:30 p.m. **Embolic CVA of Undetermined Significance**
Viktoria Totoraitis, MD | NCH Rooney Heart Institute

2:45 p.m. **Panel Discussion and Q&A**

3:00 p.m. **Refreshment Break/Exhibits**



SESSION IV: CARDIAC RHYTHM DISORDERS

Moderators: *Dinesh Sharma, MD, and Abishek Deshmukh, MD*

3:15 p.m. **Atrial Fibrillation: Who and When to Ablate**

Abishek Deshmukh, MD | Mayo Clinic

3:30 p.m. **Battling Stroke: Effective Strategies in Atrial Fibrillation Management**

Samantha Sublette, MD | NCH Rooney Heart Institute

3:45 p.m. **Pacemaker: What is the New Standard of Care?**

Rachael Venn, MD | NCH Rooney Heart Institute

4:00 p.m. **Panel Discussion and Q&A**

4:15 p.m. **Syncope and Sudden Cardiac Death: Recognizing Risk and Taking Action**

Abishek Deshmukh, MD | Mayo Clinic

4:30 p.m. **Premature Ventricular Complexes (PVCs): When to Worry?**

Dinesh Sharma, MD | NCH Rooney Heart Institute

4:45 p.m. **Innovations in Cardiac Pacing and Electrophysiology**

Luis Rechani, MD | NCH Rooney Heart Institute



SATURDAY, FEBRUARY 21ST, 2026

7:00 a.m. **Registration/Breakfast/Exhibits**

7:45 a.m. **Welcome and Introductions**
Viviana Navas, MD, and Rajiv Gulati, MD

SESSION V: STRUCTURAL AND VALVULAR HEART DISEASE

Moderators: Robert Cubeddu, MD, and Sunil Mankad, MD

8:00 a.m. **Cardiac Imaging in Structural Heart Disease: From Diagnosis to Treatment**
Dee Dee Wang, MD | NCH Rooney Heart Institute

8:15 a.m. **Advances in Transcatheter Mitral Valve Therapies**
Charanjit (Chet) Rihal, MD | Mayo Clinic

8:30 a.m. **Minimally Invasive Mitral Valve Surgery**
Joseph Lamelas, MD | NCH Rooney Heart Institute

8:45 a.m. **Panel Discussion and Q&A**

9:00 a.m. **Asymptomatic Aortic Stenosis and TAVR: The Times They are a Changin'**
Travis Howard, MD | NCH Rooney Heart Institute

9:15 a.m. **Tricuspid Valve Tales: From Neglect to Spotlight**
Mackram Eleid, MD | Mayo Clinic

9:30 a.m. **"An Achy Breaky Heart": Mechanical Complications of Myocardial Infarction**
Sunil Mankad, MD | Mayo Clinic

9:45 a.m. **Panel Discussion and Q&A**

10:00 a.m. **Refreshment Break/Exhibits**



SESSION VI: HEART FAILURE

Moderators: *Viviana Navas, MD, and Juan Leoni, MD*

10:15 a.m. **Cardiac Amyloid, Not a Rare Disease Anymore**
Jose Nativi Nicolau, MD | Mayo Clinic

10:30 a.m. **Cardiac MRI: The New Echo?**
Deya Alkhatib, MD | NCH Rooney Heart Institute

10:45 a.m. **When GDMT is Not Enough**
Juan Leoni, MD | Mayo Clinic

11:00 a.m. **Panel Discussion and Q&A**

11:15 a.m. **Thick Heart, Thin Barriers: Breakthroughs in Hypertrophic Cardiomyopathy**
Mays T. Ali, MD | Mayo Clinic

11:30 a.m. **LVAD and Heart Transplant, A Surgeon's View**
Mauricio Villavicencio, MD | Mayo Clinic

11:45 a.m. **HFpEF, The New Metabolic Syndrome**
Viviana Navas, MD | NCH Rooney Heart Institute

12:00 p.m. **Panel Discussion and Q&A**

12:15 p.m. **Closing Remarks and Adjourn**